



FOR YOUTH DEVELOPMENT
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June 6, 2012

To: All Green Bay YMCA Swimmers & Parents

From: Coach Dave - voice mail-436-9624

Email- gbyswim@greenbayymca.org team unify website - www.teamunify.com/wigbymca

Re: 1) Friday Night 50's 2) Swim Team Camp 3) Swim Meet entries update 4) Summer Practice schedule begins Friday morning 5) Assorted notes

- 1) **I have left the entry page for the Friday Night 50's meet open until Friday, June 8.** Currently we have only 61 GBY swimmers entered. We also have a number of holes to fill in on the job sign-up sheet. I would also ask that some of our older swimmers not planning to participate help out at the meet. The Food Stand for this meet is a fundraiser for our Y National Swimmers. Please refer to the website under GBY Hosted Meets tab – GBY Friday Night 50's for all information regarding the meet. I will post the psych sheet and initial timeline on Monday afternoon. On Wednesday afternoon I will post the heat sheets, final timeline, entry list with heats and lanes and other information regarding the meet.
Gift Baskets – We are still in need of families to donate a gift basket or gift card for the meet. These will be given out as raffle prizes at the end of the meet. These baskets and cards can be dropped off at the DT Y front desk.
We need help setting up the pool next Friday afternoon beginning at 3:30pm. All swimmers and their parents should arrive by 3:30pm to help with set-up. Warm-ups will begin at 4:00pm, and meet starts at 5:05pm. We should be concluded with the meet and after meet clean-up by 10pm. Look for more information on the website
- 2) The **swim team camp flyer** is on the web page. I have not have anyone yet commit to chaperoning this event. Please contact me ASAP if you are able to help out an chaperone for swimmer's camp. Camp runs August 20-22, 2012. We need (4) female parents, and (2) male parents to make this camp happen. Again please contact me ASAP if you can chaperone at the camp.
- 3) **Summer swim meet entry information** –
June 15 Friday Night 50's – entry page is open until Friday, June 8. Job sign-up open through Wednesday – June 13
June 23-24 FCY Summer Classic – This entry is closed. Entry list and relays are posted on the website. Coach Kari & Bill will attend this meet.
July 6-8 WGLO – Entry has been sent into host team. Have not gotten response back yet but I am sure they will wait on all other entries. At this point they have not asked me to cut any entries. Entry list is posted on the website.
July 6-8 FCY Birdbath Open – Entry page is open until Sunday, June 10. I will post this entry sometime next week. Coach Carissa & Bill will attend this meet.
July 15 – Oshkosh Make A Difference Meet – Entry page opened until Sunday, July 8. School supplies will be your entry fee into this meet.
July 19-22 Speedo Meet (Iowa City) – A few older swimmers have asked me to enter them in this meet. If any swimmer with qualifying times wants to enter this meet I must have your entries by July 2. Please e-mail these to me. Meet information is under Odds & Ends tab under Documents.
July 27-29 12&under State – Meet information not available yet.
August 1 GBY Summer Team Championship – entry information will posted in early July.
August 2-5 13&over State – Meet information not available yet.
- 4) The **summer practice schedule begins** on Friday morning with a Gold I, II & III workout at the DT Y from 7:30-9:30am. Gold III swimmers must be able to swim 5 x 100 under 1:15 during our main Friday series. I also expect all Gold I, II & III swimmers to regularly attend 4-5 workouts per week. Beginning Monday we will change our afternoon practice and group structure. Remember on Monday, Wednesday, & Thursday that all Silver and above swimmers are welcome to swim at

Colburn Park. A Silver swimmer should expect to swim about 4000 meters at a Colburn Park Practice. The Silver group will practice until around 8:30am and the remainder of morning swimmers until about 9am. **ALL MORNING SWIMMERS MUST BE ON THE POOL DECK AT 6:30AM TO BEGIN SWIM PRACTICES AFTER THE LANE ROPES AND BACKSTROKE FLAGS ARE PUT IN THE POOL. ALL MORNING SWIMMERS ARE REQUIRED TO HELP WITH POOL SET-UP AND TEAR-DOWN.** All afternoon swimmers will either practice with the Afternoon Silver or with the Bronze practice. Silver Sharks are part of the Bronze Team during the summer practices. Selected Gold swimmers will also be allowed to attend double workouts during the afternoon Silver practice times. Coach Dave will make announcements at morning practice concerning each day's double workout. Remember that Tuesday morning practices at BV are only for the Gold I & II swimmers. Again I expect all these swimmers to be practicing 4-5 times a week. A practice schedule for the summer is posted on the web site.

5) Assorted notes –

- No practice this Saturday Morning, June 9.
- Good luck to all of all participants in the Bellin Run on Saturday morning.
- Please remember your membership cards when you are entering our YMCA's. If you need a new card you may stop at any Y front desk and they will make you a new one.
- Thank you for everyone for keeping ample monies in your escrow accounts to cover all upcoming meets in June. Remember that you may put money in your accounts with credit card by calling the DT Y front desk and speak to a business staff. You can always stop at the DT Y front desk to add monies also.
- There are still openings for the summer Silver Shark program for new competitive swimmers. The Silver Sharks practices at the same time as the Bronze group and begins on Tuesday, June 12.